

Agency Addresses Specialized Care Needs for Multiples and Preemies

The Newborn Care Solutions Agency · February 10, 2026



The Newborn Care Solutions Agency, the only newborn care placement agency founded by an internationally accredited training provider, announces enhanced services for families with specialized care requirements. The agency's network includes newborn care specialist professionals with expertise in caring for multiples and premature infants.

Families of twins and multiples often search using terminology such as twin night nurse or night nurse when seeking overnight support. Industry professionals note that this phrasing incorrectly implies medical nursing credentials. Certified Newborn Care Specialists and postpartum doula professionals provide non-medical professional support for multiples, including coordinated feeding schedules, synchronized sleep routines, and individualized attention for each infant.

Caring for twins or higher-order multiples requires specialized knowledge that extends beyond standard newborn care practices. Specialists experienced with multiples understand the importance of establishing tandem feeding routines that allow parents to maintain consistency while maximizing rest periods. These professionals also assist with developmental milestone tracking for each infant individually, recognizing that multiples may progress at different rates during the fourth trimester.

The agency also connects families requiring premature baby night support (also called baby nurse) with specialists trained in the unique needs of preterm infants. These professionals understand developmental considerations, feeding challenges, and monitoring requirements specific to premature babies while coordinating appropriately with medical care teams.

The transition from NICU to home represents a particularly vulnerable period for families with premature infants. Newborn Care Specialists with preterm experience provide support during this adjustment, helping parents gain confidence in caring for their baby outside the hospital environment. These

specialists understand adjusted age considerations and can help families navigate the unique feeding and sleep patterns common among NICU graduates.

"Families with multiples or premature infants face distinct challenges that benefit from specialized expertise," said Tonya Sakowicz, Founder and CEO of The Newborn Care Solutions Agency. "Our network includes professionals who have dedicated their careers to understanding the nuances of these care situations."

Each specialist undergoes rigorous vetting through the agency's proprietary assessment process. Many hold certifications from CACHE International along with additional training specific to multiple births and NICU graduate care. The agency emphasizes that its specialists provide non-medical support that complements rather than replaces pediatric medical care.

The agency offers flexible scheduling options for families with specialized care needs, including overnight shifts ranging from eight to twelve hours and extended coverage arrangements for families requiring additional support. Specialists work closely with parents to establish care routines tailored to each family's specific circumstances and preferences.

"Parents of multiples and premature infants often express concerns about managing care responsibilities while ensuring adequate rest," added Sakowicz. "Our specialists not only provide hands-on support but also educate parents on techniques and strategies they can continue using independently as their family grows more confident."

The Newborn Care Solutions Agency serves families across the United States, with specialists available in major metropolitan areas including Phoenix, Scottsdale, New York, Los Angeles, San Francisco, Dallas, and Chicago. The agency's matching process considers each family's specific requirements when connecting them with qualified professionals.

As the only placement agency founded by an internationally accredited training provider, The Newborn Care Solutions Agency maintains quality standards that exceed industry norms. Background screening is conducted in compliance with local, state, and federal regulations for all referred professionals.

For more information about specialized newborn care placement services, visit thencsa.com or call (602) 695-6775.

About The Newborn Care Solutions Agency:

The Newborn Care Solutions Agency is the only newborn care placement agency founded by an internationally accredited training provider. Based in Scottsdale, Arizona, the agency serves families nationwide by connecting them with rigorously vetted, professionally trained Newborn Care Specialists. For more information, visit thencsa.com or call (602) 695-6775.

For more information about The Newborn Care Solutions Agency, contact the company here:

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