PRESS RELEASE

Discover Holistic Wellness with Dr. Rasha El Naggar, Naturopathic Doctor in Newport Beach

Dr. Rasha El Naggar Naturopathic Doctor

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Etara Wellness, led by Dr. Rasha El Naggar, is excited to reaffirm its commitment to delivering personalized naturopathic healthcare in Newport Beach and nearby areas. With 18 years of experience, Dr. Rasha El Naggar Naturopathic Doctor combines her expertise and a holistic approach to meet various health needs, focusing on personalized care for every patient.

Dr. Rasha El Naggar has a prominent medical background, having earned her doctorate at Ain Shams University, an MS in Biotechnology from Johns Hopkins University, and undergoing naturopathic medical training at Bastyr University in San Diego. These qualifications help her provide comprehensive healthcare solutions that get to the root of health issues. She emphasizes personalized care, saying, "At Etara Wellness, our goal is to provide patient-centered care that not only addresses symptoms but also promotes overall wellness by understanding each individual's unique health journey."

Etara Wellness provides a wide range of services. From medical consultations for unique health concerns to weight loss programs that yield lasting results, the clinic prioritizes each patient's specific needs. They offer hormone health services to address issues like thyroid disorders and menopause with a holistic touch. The digestive health services aim to improve gut health through customized treatment plans. More detailed information about these services can be explored at etarawellness.com. Mental health support is also part of the clinic's offerings, helping with emotional well-being. Moreover, the clinic uses functional lab tests for precise diagnosis and personalized treatments.

People in Orange County, covering areas such as Aliso Viejo, Costa Mesa, Irvine, and Huntington Beach, can access these important healthcare services. Etara Wellness goes further by offering flexible financing options, making it easier for people to benefit from holistic health services.

Dr. Rasha El Naggar Naturopathic Doctor Newport Beach is dedicated to having a positive impact on the community with holistic medicine. The clinic blends the best aspects of conventional medical training with natural therapeutic practices. "Our vision at Etara Wellness is to make well-rounded healthcare available, addressing both physical and emotional aspects to achieve overall balance," says Dr. El Naggar.

People thinking about naturopathic medicine are encouraged to check out Etara Wellness in Newport Beach. Those wanting personalized care should consider scheduling a consultation. The clinic's warm environment, combined with its extensive treatment options, makes it an inviting place for anyone wanting to begin a holistic healthcare journey.

Etara Wellness is deeply committed to patient wellness, leading the way in providing varied, therapeutic healthcare options in Newport Beach. Dr. Rasha El Naggar Naturopathic Doctor focuses on compassionate care, merging a strong background in traditional medicine with modern naturopathic practices. For more information about Dr. Rasha El Naggar Naturopathic Doctor, visit etarawellness.com/about. You can also learn about the services offered by a Naturopathic Doctor Newport Beach at etarawellness.com. For directions to Etara Wellness, visit Dr. Rasha El Naggar Naturopathic Doctor Newport Beach .

Those interested in holistic and personalized healthcare can get in touch with Etara Wellness to schedule a consultation. The clinic offers a comprehensive, patient-first approach to wellness, inviting the Newport Beach community to explore the holistic benefits they provide.

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